

Appendix A

Reflective Journal Entry

For this assignment, I selected a: _____ birth scene _____ podcast

1. What birth scene/podcast did you select? Describe what happened in the selected birth scene/podcast. Were there any complications of childbirth portrayed? If so, which one(s)?
2. Was the depiction of the birth and any applicable complication(s) accurate, or did it present misleading or incorrect information? Explain.
3. Imagine you are a nurse caring for a pregnant patient who has just watched this birth scene or listened to this podcast. What – if anything - are you concerned about with regard to your patient? What can the potential impact be on their health and care if they believe the information presented?
4. Do often inaccurate portrayals of childbirth and pregnancy care in tv and movies impact the care that patients receive/seek today? Why or why not? Explain.
5. What can you - and the entire healthcare community – do about this? How can you prepare for and respond to healthcare misinformation presented in the media?